

Idaho Bean Sloppy Joe

Makes: 96 servings

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Ingredients	Weight	Measure
Dry Pinto, Pink, or Red beans	8 lb	
Water		3 gal
Oil	4 oz	
Salt		to taste
Ground beef	8 lb 12 oz	
Shortening	6 oz	
Celery, diced	1 lb 8 oz	1 1/2 qts
Onions, diced	2 lbs	1 1/2 qts
Sugar	4 oz	
Chili powder	1 1/3 oz	1/2 cup
Tomato sauce		2 #10 cans
Cider vinegar	4 oz	1/2 cup
Hamburger buns		96, split

Nutrition Information

Key Nutrients	Amount	% Daily Value
Total Calories	384	
Total Fat	NA	
Protein	23.2 g	
Carbohydrates	52.8 g	
Dietary Fiber	10.9 g	
Saturated Fat	NA	
Sodium	527 mg	

Directions

1. Soak beans by preferred methods. Drain, cover with water. Add oil and salt. Cook slowly until tender.
2. Lightly brown beef in hot shortening. Add celery, onion, sugar and seasonings. Cook 5 minutes. Add drained

beans, tomato sauce and vinegar. Bring to a boil. Reduce heat. Simmer 15 minutes allowing flavors to blend.

3. Ladle 6 ounces over hamburger bun.